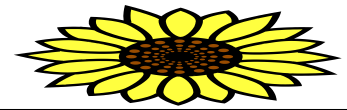


SHIKELLAMY SCHOOL DISTRICT

SEPTEMBER 2017 - SECONDARY LUNCH MENU



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	Apply for Free/Reduced Meals for 2017/18. Even if your child was Free/Reduced last year. You must re-apply before October 6, 2017.	Daily Choice of : Salad Bar Chef Salad w/Crackers Assorted Deli Sandwiches PB&J Sandwich Assorted Wraps & Hoagies	Served with Every Lunch Fat-Free White Milk 1% White Milk Fat-Free Chocolate Milk	Director of Food Service Mr. Matthew Mitchell 570-286-3702 Press * & 2347 mitchell@shikbraves.org	
Available Daily: Spicy Chix Sandwich Italian Dunkers Variety of Yogurt		4 NO SCHOOL	5 Cheese Steak Sandwich or Ham & Cheese Cosmo Seasoned Carrots Fresh Broccoli Dippers Chilled Mixed Fruit Seasonal Fresh Fruit Bowl	6 Cheesy Hot Dog or Turkey Burger Baked French Fries Seasoned Corn Chilled Peaches Seasonal Fresh Fruit Bowl	7 BBQ Rib Sandwich or Monte Cristo Sandwich Carrot Dippers Cole Slaw Chilled Pineapple Seasonal Fresh Fruit Bowl
Available Daily: Meatball Hoagie Hot Ham & Cheese on Pretzel Roll Variety of Yogurt	11 Chicken Patty Sandwich or Calzone w/Sauce Seasoned Corn Black Bean Salad Chilled Applesauce Seasonal Fresh Fruit Bowl	12 Turkey Cheese Cosmo or Braveburger Celery Styx Dippers Baked Hash Brown Mandarin Oranges Seasonal Fresh Fruit Bowl	13 Pizza Wedge or Flat Bread Cheese Steak Garden Salad w/Dressing Baked French Fries Chilled Pineapple Seasonal Fresh Fruit Bowl	14 Tomato Soup & Toasted Cheese Sandwich or Fish Melt Peas Baby Carrots Chilled Pears Seasonal Fresh Fruit Bowl	15 Grilled Chicken Sandwich or Italian Sausage Sandwich w/O&P Broccoli Dippers Smiley Fries Chilled Peaches Seasonal Fresh Fruit Bowl
Available Daily: Pulled Pork Sandwich Cheese Quesadilla Variety of Yogurt	18 Chicken Tenders w/Roll or BBQ Rib Sandwich California Blend Veggies Baked Hash Brown Mandarin Oranges Seasonal Fresh Fruit Bowl	19 Taco Tuesday-Beef/Chicken or Fish Hoagie Chix-a-Boom Salad Seasoned Corn Chilled Pineapple Seasonal Fresh Fruit Bowl	20 Ham & Cheese Cosmo or Turkey Burger Seasoned Carrots Celery Styx Dippers Chilled Pears Seasonal Fresh Fruit Bowl	21 Cinnamon French Toast w/Sausage or Stromboli Styx Rainbow Salad Baked Tater Tots Cinnamon Applesauce Seasonal Fresh Fruit Bowl	22 Pizza or Sloppy Joe Sandwich Baked French Fries Heritage Salad w/Dressing Chilled Peaches Seasonal Fresh Fruit Bowl
Available Daily: Italian Sausage Sandwich BBQ Chicken Sandwich Variety of Yogurt	25 Chicken Nuggets w/Sauce or Cheesy Bread Styx w/Sauce Baked Tater Tots Chix-a-Boom Salad Mixed Fruit Seasonal Fresh Fruit Bowl	26 Cheese Steak Hoagie or BBQ Rib Sandwich Celery Styx Seasoned Corn Chilled Pineapple Seasonal Fresh Fruit Bowl	27 Schoolmade Mac & Cheese or Fish Melt Baby Carrots Stewed Tomatoes Cinnamon Applesauce Seasonal Fresh Fruit Bowl	28 Cheesy Bacon Hot Dog or McBraveburger Cole Slaw Baked Beans Chilled Peaches Seasonal Fresh Fruit Bowl	29 Meatball Hoagie or Monte Cristo Sandwich Fresh Cauliflower Dippers Heritage Salad w/Dressing Chilled Pears Seasonal Fresh Fruit Bowl

MENU ITEMS SUBJECT TO CHANGE

