



# SHIKELLAMY SCHOOL DISTRICT

## SEPTEMBER 2016 - ELEMENTARY LUNCH MENU



	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Apply for Free/Reduced Meals for 2016/17 Even if your child was Free/Reduced last year you must re-apply before 10/7</b>		<b>Director of Food Service</b> Mr. Matthew Mitchell 570-286-3740 <a href="mailto:mitchell@shikbraves.org">mitchell@shikbraves.org</a>	<b>1</b>	<b>2</b> <u>Milk Served with Every Lunch</u> Fat-Free White 1% White Fat-Free Chocolate
<b>Choice of:</b> Chef Salad w/crackers Ham/Cheese Sandwich PB & J Sandwich	<b>5</b>  <b>NO</b>  <b>SCHOOL</b>	<b>6</b> Cheese Steak Sandwich or Chicken Patty Sandwich Fresh Broccoli Florets Seasoned Corn Chilled Mandarin Oranges Seasonal Fresh Fruit Bowl	<b>7</b> Brave Burger or Chicken Patty Sandwich Celery Styx Green Beans Cinnamon Applesauce Seasonal Fresh Fruit Bowl	<b>8</b> Hot Dog on a Roll or Chicken Patty Sandwich Baked Beans Cole Slaw Chilled Pears Seasonal Fresh Fruit Bowl	<b>9</b> Meatball Hoagie or Chicken Patty Sandwich Carrot Styx Heritage Salad w/Dressing Chilled Peaches Seasonal Fresh Fruit Bowl
<b>Choice of:</b> Chef Salad w/crackers Turkey/Cheese Sandwich PB & J Sandwich	<b>12</b> BBQ Rib Sandwich or Pulled Pork Sandwich Baby Carrots Baked Tater Tots Chilled Mandarin Oranges Seasonal Fresh Fruit Bowl	<b>13</b> Pizza Wedge or Pulled Pork Sandwich Fresh Broccoli Florets Baked French Fries Chilled Pineapple Seasonal Fresh Fruit Bowl	<b>14</b> Cinnamon French Toast w/Sausage or Pulled Pork Sandwich Rainbow Salad Cinnamon Applesauce Seasonal Fresh Fruit Bowl	<b>15</b> Tomato Soup w/Toasted Cheese Sandwich or Pulled Pork Sandwich Peas & Celery Styx Chilled Pears Seasonal Fresh Fruit Bowl	<b>16</b> Grilled Chicken Sandwich or Pulled Pork Sandwich Fresh Cauliflower Heritage Salad w/Dressing Chilled Peaches & Watermelon Seasonal Fruit Bowl
<b>Choice of:</b> Chef Salad w/crackers Bologna/Cheese Sandwich PB & J Sandwich	<b>19</b> Chicken Tenders or Brave Cheeseburger Baby Carrots Baked Hash Brown Mandarin Oranges Seasonal Fresh Fruit Bowl	<b>20</b> Taco Tuesday or Brave Cheeseburger Chix-a-Boom Salad Seasoned Corn Chilled Pineapple Seasonal Fresh Fruit Bowl	<b>21</b> Ham Cheese Melt or Brave Cheeseburger Fresh Cauliflower Baked French Fries Chilled Mixed Fruit Seasonal Fresh Fruit Bowl	<b>22</b> Pizza Wedge or Brave Cheeseburger Fresh Celery Styx Garden Salad w/Dressing Chilled Applesauce Seasonal Fresh Fruit Bowl	<b>23</b> Hot Dog or Brave Cheeseburger Broccoli Dippers Baked Beans Chilled Peaches Seasonal Fresh Fruit Bowl
<b>Choice of:</b> Chef Salad w/crackers Chicken Salad Sandwich PB & J Sandwich	<b>26</b> Chicken Nuggets w/Sauce or BBQ Rib Sandwich Black Bean Salad Baked Tater Tots Mandarin Oranges Seasonal Fresh Fruit Bowl	<b>27</b> Cheese Steak Sandwich or BBQ Rib Sandwich Cauliflower Dippers Green Beans Chilled Pears Seasonal Fresh Fruit Bowl	<b>28</b> Schoolmade Mac/Cheese w/Roll or BBQ Rib Sandwich Baby Carrots Stewed Tomatoes Cinnamon Applesauce Seasonal Fresh Fruit Bowl	<b>29</b> Pizza Square or BBQ Rib Sandwich Garden Salad w/Dressing Baked French Fries Chilled Pineapple Seasonal Fresh Fruit Bowl	<b>30</b> Sloppy Joe or BBQ Rib Sandwich Fresh Broccoli Florets Chilled Peaches Watermelon Seasonal Fresh Fruit Bowl

**MENU ITEMS SUBJECT TO CHANGE**

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