



SHIKELLAMY SCHOOL DISTRICT SEPTEMBER 2016 - BREAKFAST MENU



Monday	Tuesday	Wednesday	Thursday	Friday
Apply for Free/Reduced Meals for 2016/17 now. Even if your child was Free/Reduced last year you must re-apply by October 10/7/2016.		Director of Food Service Mr. Matthew Mitchell 570-286-3740 mitchellm@shikbraves.org	1	2 <u>Milk Served:</u> Fat-Free White 1% White
	5 NO SCHOOL	6 Assorted Chilled Juice Assorted Cereal Nutrigrain Bar Chilled Fruit Milk	7 Assorted Chilled Juice Assorted Cereal Honey Graham Crackers Chilled Fruit Milk	8 Assorted Chilled Juice Assorted Cereal Assorted Grab-n-Go Chilled Fruit Milk
12 Assorted Chilled Juice Assorted Cereal Assorted Muffins Chilled Fruit Milk	13 Assorted Chilled Juice Assorted Cereal Nutrigrain Bar Chilled Fruit Milk	14 Assorted Chilled Juice English Muffin w/ Cheese & Bacon Chilled Fruit Milk	15 Assorted Chilled Juice Assorted Cereal Assorted Grab-n-Go Chilled Fruit Milk	16 Assorted Chilled Juice French Toast Styx w/Sausage Chilled Fruit Milk
19 Assorted Chilled Juice Assorted Cereal Whole Grain Pop Tart Chilled Fruit Milk	20 Assorted Chilled Juice Assorted Cereal Bagel w/Toppings Chilled Fruit Milk	21 Assorted Chilled Juice Assorted Cereal Trix Yogurt Chilled Fruit Milk	22 Assorted Chilled Juice Assorted Cereal Assorted Grab-n-Go Chilled Fruit Milk	23 Assorted Chilled Juice Breakfast Pizza Chilled Fruit Milk
26 Assorted Chilled Juice Assorted Cereal Whole Grain Pop Tart Chilled Fruit Milk	27 Assorted Chilled Juice Choice of Cereal Bagel w/Toppings Chilled Fruit Milk	28 Assorted Chilled Juice Warm Breakfast Styx Chilled Fruit Milk	29 Assorted Chilled Juice Assorted Cereal Assorted Grab-n-Go Chilled Fruit Milk	30 Assorted Chilled Juice Waffle w/Sausage Link Chilled Fruit Milk
MENU ITEMS SUBJECT TO CHANGE				