



SHIKELLAMY SCHOOL DISTRICT

OCTOBER 2017 - SECONDARY LUNCH MENU



	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Available Daily: Hot Ham/Cheese on Pretzel Roll or Buffalo Pizza Variety of Yogurt</p>	<p>2 McBraveburger or Spicy Chicken Patty Cowboy French Fries Broccoli Dippers Chilled Pineapple</p>	<p>3 Pizza Wedge or Cheese Quesedilla Garden Salad w/Dressing Baked Tater Tots Chilled Mandarin Oranges</p>	<p>4 Cheese Steak Sandwich or Chicken Nuggets/Tea Roll Carrot Styx Seasoned Corn Chilled Peaches</p>	<p>5 Tomato Soup & Toasted Cheese Sandwich or Fish Melt Peas Celery Styx Chilled Pears</p>	<p>6 BBQ Chicken Sandwich or Sloppy Joe Sandwich Baked Hash Brown Baked Beans Cinnamon Applesauce</p>
<p>Available Daily: Grilled Chicken Sandwich or Flatbread CheeseStk Variety of Yogurt</p>	<p>9 NO SCHOOL Teacher In-Service</p>	<p>10 Ham/Cheese Melt or Pulled Pork Sandwich Rainbow Salad Smiley Fries Chilled Peaches</p>	<p>11 Asian Chicken or Turkey Burger Brown Rice Broccoli Dippers Chilled Pineapple</p>	<p>12 Assorted Hoagies w/L & T BBQ Rib Sandwich Carrot Dippers Assorted Chips Frozen 100% Fruit Juice</p>	<p>13 Hot Dog w/Cheese & Bacon or Braveburger Baked Tater Tots Heritage Salad w/Dressing Chilled Applesauce</p>
<p>Available Daily: Italian Dunkers or McBraveburger Variety of Yogurt</p>	<p>16 Chicken Patty or Calzone w/Sauce Cowboy French Fries California Blend Veggies Chilled Mandarin Oranges</p>	<p>17 Taco Tuesday or FishTaco Black Bean Salad Seasoned Corn Chilled Pineapple</p>	<p>18 Pizza Wedge or Chicken Tenders w/Roll Baked French Fries Broccoli Dippers Chilled Applesauce</p>	<p>19 School Made Chix Vegetable Soup Ham/Cheese Sandwich or Hot Dog on a Roll Carrot Dippers Mixed Fruit</p>	<p>20 Meatball Hoagie or Monte Cristo Heritage Salad w/Dressing Baked Hash Brown Chilled Pears</p>
<p>Available Daily: Fish Melt Sandwich or BBQ Rib Sandwich Variety of Yogurt</p>	<p>23 Spicy Chicken Sandwich or Ham/Cheese Melt on Pretzel Roll Seasoned Carrots Baked Tater Tots Mandarin Oranges</p>	<p>24 Cheese Steak Sandwich or Fiesta Pizza Baked French Fries Rainbow Salad Chilled Mixed Fruit</p>	<p>25 Popcorn Chicken or Fish Nuggets Mashed Potatoe w/Gravy Seasoned Corn/Tea Roll w/Marg Frozen 100% Fruit Juice</p>	<p>26 Hot Dog on Roll or Sloppy Joe Sandwich Baked Seasoned Waffle Fries Cole Slaw Chilled Peaches</p>	<p>27 Cheesy Bread Styx w/Sauce or Turkey Burger on Roll Heritage Salad w/Dressing Broccoli Dippers Chilled Pineapple</p>
<p>Available Daily: Sausage Sandwich w/Onions & Peppers or Meatball Hoagie Variety of Yogurt</p>	<p>30 Chicken Tenders w/Roll or Pulled Pork Sandwich Baked Hash Brown Cauliflower Dippers Mandarin Oranges</p>	<p>31 1/2 ACT 80 DAY NO SCHOOL - PM No Lunch</p>	<p style="text-align: center;">Director of Food Service Mr. Matthew Mitchell 570-286-3702 Listen for prompt & press * & 2347 mitchellm@shikbraves.org</p>	<p>Daily Choice of: Chef Salad w/Crackers Assorted Deli Sandwiches PB & J Sandwich Assorted Wraps & Hoagies Salad Bar</p>	<p>Apply for Free/Reduced Meals for 2017/18. Even if your child was Free/Reduced last year. You must re-apply before 10/6/16.</p>

MENU ITEMS SUBJECT TO CHANGE