



SHIKELLAMY SCHOOL DISTRICT

OCTOBER 2017 - BREAKFAST MENU



Monday	Tuesday	Wednesday	Thursday	Friday
2 Assorted Juice Choice of Cereal Nutrigrain Bar Chilled Fruit Milk	3 Assorted Juice Yogurt Animal Crackers Chilled Fruit Milk	4 Assorted Juice Choice of Cereal Whole Grain Pop Tart Chilled Fruit Milk	5 Assorted Juice Choice of Cereal Grab & Go Thursday Chilled Fruit Milk	6 Assorted Juice Mini Waffles w/Sausage Chilled Fruit Milk
9 NO SCHOOL Teacher In-Service	10 Assorted Juice Choice of Cereal Yogurt Bar Chilled Fruit Milk	11 Assorted Juice Breakfast Pizza Chilled Fruit Milk	12 Assorted Juice Choice of Cereal Grab & Go Thursday Chilled Fruit Milk	13 Assorted Juice Mini Pancakes w/Sausage Chilled Fruit Milk
16 Assorted Juice Choice of Cereal Bagel w/Toppings Chilled Fruit Milk	17 Assorted Juice Choice of Cereal Mini Muffin Chilled Fruit Milk	18 Assorted Juice English Muffin w/ Cheese & Bacon Chilled Fruit Milk	19 Assorted Juice Choice of Cereal Grab & Go Thursday Chilled Fruit Milk	20 Assorted Juice Mini French Toast w/Sausage Chilled Fruit Milk
23 Assorted Juice Choice of Cereal Nutrigrain Bar Chilled Fruit Milk	24 Assorted Juice Choice of Cereal Bug Bites Chilled Fruit Milk	25 Assorted Juice Choice of Cereal Bagel w/Toppings Chilled Fruit Milk	26 Assorted Juice Choice of Cereal Grab & Go Thursday Chilled Fruit Milk	27 Assorted Juice Breakfast Pizza Chilled Fruit Milk
30 Assorted Juice Yogurt Honey Graham Crackers Chilled Fruit Milk	31 Assorted Juice Choice of Cereal Whole Grain Pop Tart Chilled Fruit Milk	Apply for Free/Reduced Meals for 2017/18 now. Even if your child was Free/Reduced last year you must re-apply by 10/6/2017.	Director of Food Service Mr. Matthew Mitchell 570-286-3702 Listen for prompt & press * & 2347 mitchellm@shikbraves.org	<u>Milk Served:</u> Fat-Free White 1% White

MENU ITEMS SUBJECT TO CHANGE