



SHIKELLAMY SCHOOL DISTRICT

OCTOBER 2016 - BREAKFAST MENU



Monday	Tuesday	Wednesday	Thursday	Friday
3 Assorted Juice Choice of Cereal Assorted Muffins Chilled Fruit Milk	4 Assorted Juice Choice of Cereal Nutrigrain Bar Chilled Fruit Milk	5 Assorted Juice Choice of Cereal Honey Graham Crackers Chilled Fruit Milk	6 Assorted Juice Choice of Cereal Grab & Go Thursday Chilled Fruit Milk	7 Assorted Juice Pancakes w/Syrup Sausage Link Chilled Fruit Milk
10 Assorted Juice Choice of Cereal Bagel w/Toppings Chilled Fruit Milk	11 Assorted Juice Choice of Cereal Trix Yogurt Chilled Fruit Milk	12 Assorted Juice English Muffin w/ Cheese & Bacon Chilled Fruit Milk	13 Assorted Juice Choice of Cereal Grab & Go Thursday Chilled Fruit Milk	14 Assorted Juice Breakfast Pizza Chilled Fruit Milk
17 NO SCHOOL Teacher In-Service	18 Assorted Juice Choice of Cereal Whole Grain Pop Tart Chilled Fruit Milk	19 Assorted Juice Choice of Cereal Whole Grain Bagel Bites Chilled Fruit Milk	20 Assorted Juice Choice of Cereal Grab & Go Thursday Chilled Fruit Milk	21 Assorted Juice French Toast w/Syrup Sausage Link Chilled Fruit Milk
24 Assorted Juice Choice of Cereal Scooby Doo Sandwich Chilled Fruit Milk	25 Assorted Juice Choice of Cereal Trix Yogurt Chilled Fruit Milk	26 Assorted Juice Choice of Cereal Assorted Muffins Chilled Fruit Milk	27 Assorted Juice Choice of Cereal Grab & Go Thursday Chilled Fruit Milk	28 Assorted Juice Waffle Pockets Sausage Patty Chilled Fruit Milk
31 Assorted Juice Choice of Cereal Nutrigrain Bar Chilled Fruit Milk		Apply for Free/Reduced Meals for 2016/17 now. Even if your child was Free/Reduced last year you must re-apply by 10/7/2016.	Director of Food Service Mr. Matthew Mitchell 570-286-3740 mitchellm@shikbraves.org	<u>Milk Served:</u> Fat-Free White 1% White

MENU ITEMS SUBJECT TO CHANGE