



SHIKELLAMY SCHOOL DISTRICT

JANUARY 2019 - SECONDARY LUNCH MENU



	Monday	Tuesday	Wednesday	Thursday	Friday
Available Daily: BBQ Rib Sandwich or Cheese Quesadilla Variety of Yogurt	Director of Food Service Mr. Matthew Mitchell 570-286-3740 mitchellm@shikbraves.org	1 NO SCHOOL	2 Spicy Chicken Sandwich or Calzone w/Sauce Baked Cowboy Fries Rainbow Salad Chilled Pineapple	3 McBrave Burger or Pulled Pork Sandwich Baked Tater Tots Seasoned Corn Chilled Mixed Fruit	4 Cinnamon French Toast w/Syrup & Sausage or Italian Dunkers w/Sauce Baked Hash Brown Cinnamon Applesauce
	Available Daily: Sausage Sandwich w/O P or Sloppy Joe Variety of Yogurt	7 Cheese Steak Sandwich or Hot Ham/Cheese Pretzel Roll Baked French Fries Green Beans Chilled Peaches	8 Walking Taco or Turkey Burger Black Bean Salad Seasoned Corn Chilled Pineapple	9 Chicken Nuggets or BBQ Rib Sandwich Baked Smiley Fries Seasoned Carrots Tea Roll w/Margarine Chilled Mandarin Oranges	10 Pizza Wedge or Fish Sandwich Baked Tater Tots Garden Salad w/Dressing Pears
Available Daily: Pulled Pork Sandwich or Calzone Variety of Yogurt	14 Turkey Cosmo or BBQ Chicken Baked Smiley Fries Broccoli Dippers Chilled Pineapple	15 Cheesy Bread Styx w/Sauce or Spicy Chicken Peas Celery Styx Chilled Peaches	16 Chicken Tenders or Fish Nuggets Broccoli w/Cheese Sauce Garden Salad w/Dressing Tea Roll w/Margarine Mixed Fruit	17 Meatball Hoagie or BBQ Chicken Sandwich Baked French Fries California Blend Veggies Chilled Applesauce	18 Buffalo Pizza or McBrave Burger Baked Tater Tots Green Beans Frozen 100% Fruit Juice
Available Daily: BBQ Rib Sandwich or Cheese Quesadilla Variety of Yogurt	21 NO SCHOOL Teacher In-Service	22 Brave burger or Sausage Sandwich w/O & P Baked Tater Tots Seasoned Carrots Chilled Pineapple	23 Beef Veggie Soup & Ham/Cheese or Fish Styx Chix-A-Boom Salad Baked Hash Brown Frozen 100% Fruit Juice	24 Hot Dog w/Cheese & Bacon or Sloppy Joe Pierogies Baked Beans Mixed Fruit	25 Pizza Wedge or Meatball Hoagie Baked French Fries Heritage Salad w/Dressing Cinnamon Applesauce
Available Daily: Sausage Sandwich w/O P or Sloppy Joe Variety of Yogurt	28 Cheese Steak Sandwich or Italian Dunkers w/Sauce Baked Cowboy Fries Green Beans Chilled Peaches	29 Spicy Chicken Sandwich or Hot Ham/Cheese on Pretzel Roll Baked Smiley Fries Black Bean Salad Chilled Pears	30 Pizza Round or Cheese Quesadilla Baked French Fries Garden Salad w/Dressing Mandarin Oranges	31 Popcorn Chicken or Fish Sandwich MP w/Gravy/Seasoned Corn Tea Roll w/Margarine Cinnamon Applesauce	<u>Milk Served with Every Lunch</u> Fat-Free White 1% White Fat-Free Chocolate

MENU ITEMS SUBJECT TO CHANGE